

Asante Health System
Asante Rogue Regional Medical Center
and
Asante Three Rivers Medical Center

Urine Collection

24 Hour Urine Collection

Asante Health System provides containers for a 24 hour urine collection.

Please use the following procedure for correct labeling of specimen containers.

Warn the patient if there is a presence of any potentially hazardous preservative in the collection container.

Clearly write the patient's name, height, weight, date of birth, and test to be ordered on the label. Place identification label on the container. **DO NOT REMOVE** this identification label.

Use the following procedure for correct specimen collection and preparation.

During collection period, drink no alcoholic beverages or excessive amounts of fluids. Drink as you normally do.

Instruct patient to void and **DISCARD** the first-morning specimen and to record exact time of voiding. Urine container must be kept cool during collection period. It may be kept on ice or in a refrigerator.

Patient should collect all subsequent voided urine for remainder of day and night.

Collect first-morning specimen on day 2 at same time as noted on day 1. Collection is complete.

Record date of collection and starting and ending times of urine collection on label.

DO NOT WRITE directly on container (writing will rub off).

Return 24-hour urine specimen to your physician's office immediately or to the laboratory.

Random Urine Collections

Asante Health System provides random urine collection containers.